

# MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Exercise  Yoga 7pm	2	3 Exercise	4 ABW SPRING FLING LUNCHEON @ CBC 12PM.
5 Communion Sunday	6 Exercise  YOGA 7PM (LFH)	7	8 Exercise  YOGA 7PM (LFH) ***** Bible Study @ Knipels 7pm.	9  Sandwich and a Song 5pm.	10 Exercise	11
12 Men's Breakfast 7:30am 	13 Exercise  ABW Mtg. 7pm @ Roxanne Long's Home  YOGA 7PM (LFH)	14	15 Exercise  Yoga 7pm. (LFH) *****	16  Church Council Meeting 7pm.	17 Exercise	18
19	20 Exercise  YOGA 7PM (LFH)	21  GARDEN CLUB MEETING (LFH) 7pm	22 Exercise  YOGA 7PM (LFH)	23	24 Exercise	25
26	27 	28	29 Exercise  YOGA 7PM (LFH)	30	31 Exercise	